



**Yajai Sitthimongkol, RN, PhD, Assoc. Prof.**

Yajai Sitthimongkol earned her bachelor degree in Nursing and Master of Science in Clinical Psychology, Mahidol University, Thailand, Master of Science in Psychiatric Nursing, and PhD in Nursing Science, University of Illinois at Chicago, USA. She received Honorary Certificate of Advanced Psychiatric-Mental Health Practice Nursing from Thai Nursing and Midwifery Council. Dr.Sitthimongkol is an Associate Professor at the Department of Mental Health and Psychiatric Nursing., Faculty of Nursing , Mahidol University. Her research interests include stress, coping, adaptation and symptom management of patients with schizophrenia and their family. She has extensive experience in the development of psychoeducational interventions designed to reduce relapse, psychiatric symptoms, strengthen coping skills in people with severe mental illness. She has expanded her research area in mental health problems in professional nurses and migrant workers.